Religious Education

Year 5 – Hinduism
Why do Hindus try to be good?

Key Vocabulary

ahimsa	The respect for all living things and avoidance of violence towards others
karma	The result of a person's actions as well as the actions themselves
dharma	A duty
samsara	The belief in reincarnation
moksha	The cycle of death and rebirth
Brahman	God or supreme being

Key Knowledge

Dharma is the duties a Hindu should follow in their life.

There are various types of dharma for a Hindu. Some are personal duties and some are eternal duties, meaning that they are for everyone.

Dharma or duties are expected of all Hindus, and Hindus should live their lives with these in mind. Dharma is one of the four main aims in a Hindu's life.

This is the **Om** symbol (sometimes written as **Aum**) and it is the Hindu word or sound for God. Hindus will say this at the beginning and end of all prayers.



Key Questions

What are the key beliefs of Hindus?

How do Hindu key beliefs, change the way they live?

How does the story of the man in the well relate to Hindu beliefs?

What impact do the core beliefs of Hinduism, e.g. karma have on people around the world?

How might Hindu's describe life as a journey?

Place of worship

Mandir



A Hindu place of worship is called a **mandir**, but the majority of Hindus have a **shrine** at home where they perform personal and family worship.