PE – themes and enrichment



EYFS

- Themes – gymnastics, dance, using a ball, throwing and catching, partner work/skipping, net and wall, athletics
- Competitions - school sports day
- Healthy Schools week
- Dedicated sports coach
- PE interventions
- SH Active Sports – school sports coaching

Year One:

- Themes – gymnastics, dance, using a ball, throwing and catching, partner work/skipping, net and wall, athletics
- Competitions - school sports day
- After school clubs
- Healthy Schools week
- Dedicated sports coach
- PE interventions
- SH Active Sports – school sports coaching



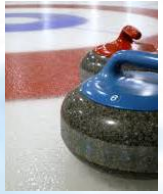
Year Two:

- Themes – gymnastics, dance, using a ball, throwing and catching, partner work/skipping, net and wall, athletics
- Competitions - school sports day, virtual competitions against other schools in the area
- After school clubs
- Healthy Schools week
- Dedicated sports coach
- PE interventions
- Active maths
- SH Active Sports – school sports coaching



Year Three:

- Themes - gymnastics, dance, invasion games, striking and fielding, OAA, net and wall, athletics, swimming
- Competitions - school sports day, various competitions against local schools
- After school
- Healthy Schools week
- Dedicated sports coach
- Lunch-time sports activities with sports coach
- PE interventions
- SH Active Sports – school sports coaching
- Active maths







Year Six:

- Themes - gymnastics, dance, invasion games, striking and fielding, OAA, net and wall, athletics
- Competitions - school sports day, including organising and competing, various competitions against local schools
- After school clubs
- Cycle proficiency
- Residential trip
- Healthy Schools week
- Help to host sports day for KS1
- Staff v year 6 pupils rounders competition
- Playground leaders sports programme
- Dedicated sports coach
- Lunch-time sports activities with sports coach
- PE interventions
- SH Active Sports – school sports coaching

Year Five:

- Themes - gymnastics, dance, invasion games, striking and fielding, OAA, net and wall, athletics, swimming
- Competitions - school sports day, various competitions against local schools
- After school clubs
- Healthy Schools week
- Dedicated sports coach
- Playground leaders sports programme
- Lunch-time sports activities with sports coach
- PE interventions
- SH Active Sports – school sports coaching



Year Four:

- Themes - gymnastics, dance, invasion games, striking and fielding, OAA, net and wall, athletics, swimming
- Competitions - school sport day, various competitions against local schools
- After school clubs
- Healthy Schools week
- Dedicated sports coach
- Lunch-time sports activities with sports coach
- PE interventions
- SH Active Sports – school sports coaching