

Net and Court - UKS2

Key Vocabulary

acquire	tactics
forehand	slice
backhand	spin
spike	drop shot
set	stamina
overhead	outwit

Key Knowledge and Skills

Children will learn:

- To develop the range and quality of their skills when playing games using rackets or hands only.
- Specific tactics and skills for the games of tennis, badminton and volleyball.
- To develop sending a ball towards a court or target area which their opponent is defending.
- To aim to get the ball to land in the target area and make it difficult for the opponent to return it.
- The necessary skills and knowledge and understanding of net and court and wall principals of play to effectively take part in small sided games.

Key Questions & Physical Wellbeing

- Do you understand the basic rules and principals for playing tennis?
- Do you understand the basic rules and principals for playing volleyball?
- Do you understand the basic rules and principals for playing badminton?
- Why is it important to be able to perform a variety of shots i.e. forehand, backhand, overhead, serve, set and spike?
- Can you talk about the effects of physical exercise on the respiratory system?

Links to other Learning

PSHE - Building working relationships with your team-mates and using communication skills to discuss tactics to utilize.

Maths - Keeping the correct scores while competing against opponents.

Science - Being able to explain the importance of warming up and cooling down before and after physical activities.

Equipment

- tennis balls
- tennis racket
- volley-ball
- shuttlecock
- cones
- floor and wall targets
- reaction balls
- high and low net and posts



Tennis balls and tennis racket

