

Year 1 – The Human Body

How can we keep ourselves safe?



Key Vocabulary

offspring	The young of parents who have had a baby.
growth	A physical process that all living things go through.
change	When something becomes different, grows or develops.
baby	A small version of an animal.
adult	The grown version of an animal.
germs	Very small living things that can cause us to feel ill.
plaque	A hard substance that grows on your teeth if they are not brushed correctly.

Key Facts

- You should see the dentist every 6 months for a check up
- No one is allowed to touch you unless you give them permission



Key Questions

- Which part of my body deals with which sense?
- Who can we talk to if we are worried about our bodies?
- Why is self-respect important?
- What are the correct names for the body parts?
- What does saying "no" mean?

Cross Curricular Learning

Science - Biology, the Human body



Learning Journey

My growing body.

To explore what privacy means

To name the parts of the body, using correct vocabulary

To explore how people's needs change as they age

Hygiene and me

To discuss how personal hygiene can keep us healthy.

To learn about the dentist, dental hygiene and brushing our teeth.

Year 2

My body is growing

Medicines and drugs

EYFS

Trusted adults