

## Key Vocabulary

|                   |                                                                                                                      |
|-------------------|----------------------------------------------------------------------------------------------------------------------|
| failure           | When things don't go as well as we might expect or we don't reach our goals.                                         |
| celebrate         | To take part in special enjoyable activities, to show that a particular occasion is important.                       |
| improvement       | The result of working hard and doing our best - we get better!                                                       |
| challenge         | Something that stretches us and encourages us to be the best version of ourselves.                                   |
| positive          | Being encouraging and helpful towards others so they can achieve their maximum.                                      |
| married           | A process where two people are legally joined together in a relationship.                                            |
| civil partnership | A relationship between two people who wish to show their commitment without having the legal contract of a marriage. |

## Key Facts

- A healthy relationship is one in which you feel valued and not pressurised to do anything you don't want to do.
- Not everyone looks like they need help, even when they do.



## Key Questions

- What is a healthy relationship?
- How can we tell someone needs help?

## Cross Curricular Learning

PE - helping others in a sporting context

## Learning Journey

### Relationships with others

To explore what a relationship is.

To understand that there are different types of relationships.

To know how relationships can help us.

To discuss and explain what a healthy relationship is.

### Helping others to get help

To know how to help someone when they need it and spot the signs of those who need help.

To understand how to help those who say they don't need it.

### Different kinds of friendship

To explore friendships and their importance to us

To discuss what makes good friendships



## Year 4

Respect

Being responsible

## Year 2

Respecting others

Trust