

Key Vocabulary

nervous system	A system which includes the brain, spine and nerves.
respiratory system	A system which includes the heart and lungs.
vaccines	Medicines designed to protect us from getting ill.
germs	Microscopic organisms that cause infections.
immune system	Our body's natural defense against illness.
x-ray	A way of seeing inside the body.

Key Facts

- There are 206 bones in the human body
- Changes in our bodies as we grow, known as puberty, can begin from the age of 8
- Vaccines "teach" our bodies how to react if we become infected with a virus.

vaccine



Key Questions

- What changes do our bodies go through?
- How do vaccinations help us?
- What are the risks of medications?

Cross Curricular Learning

- Science – animals including humans



Learning Journey

My body, your body

- To explore the human skeleton and its functions.
- To learn about how we can keep our bones healthy.
- To explore the changes to our body as we grow.

Vaccinations and disease

- To explore human health and how to identify signs of physical illness.
- To investigate the role of vaccines in preventing diseases.
- To understand the risks and effects of some drugs and medicines.
- To know the safety rules around medications.

Gender

- To understand that gender and biological sex are different by definition
- To explore and understand tolerance, inclusion and respect

Change is good

- To explore strategies for dealing with emotions and changes
- To prepare for the next year and teacher.

X-ray of a hand



Year 4

Keeping my body safe

Year 2

Medicines and drugs
My body is growing