

How do we show respect in relationships?

Vocabulary

drugs	Chemical substances used to treat illness and illegally used for recreation.
consent	Giving permission for something to happen.
intimacy	In adult relationships, intimacy exists between two people who love each other and trust each other.
relationship	A relationship between two people or groups is the way in which they feel and behave towards each other.
partner	Someone you are in a romantic relationship with.
reproduction	The process of making and giving birth to new offspring.

Key Facts

- All of our bodies change and grow as we age to prepare us for reproduction
- You should never use someone else's prescribed medicines
- It is OK to say no.



Key Questions

- Why is consent important?
- Are all relationships the same?
- Are all drugs bad for our health?

Cross Curricular Learning

Science – The effects of drugs and alcohol on the human body.

How babies are born.

How do we show respect in relationships?

Learning Journey

First aid

To discuss how to look after ourselves and prevent injuries.

To discuss basic first aid.

To explore the most common injuries which require first aid.

Organisation of Life

To discuss what it means to be organised, why it is important and how we can ensure we are organised.

Drugs, alcohol and smoking

To discuss what a drug is and the positive and negative affects they can have on our bodies.

To discuss who we can trust if we have questions and how to say “no” to peer pressure.

My Amazing Body

To discuss what a relationship is and what consent means.

To discuss what intimate relationships are and what is needed in one.

First aid symbol



KS3

RSE – In KS3 you will look more closely into healthy, nurturing relationships and start to consider healthy intimate relationships. You will consider what an appropriate relationship looks like, and what is acceptable and unacceptable behaviour in relationships.

Year 5

My body changes