

Vocabulary

college	A college is an institution where students study after they have left school, usually between the ages of 16-18.
university	A high-level educational institution where students study for degrees and academic research is undertaken.
resilience	Never giving up, especially when things are hard or challenging.
adversity	An unfortunate or difficult event or situation.
overcome	To solve or fix a challenging situation, or to work hard to succeed.
respect	To listen to others and to not be unkind because someone is different or believes in different things.

Key Information

- Bullying can cause mental and physical health problems.
- Problem solving can build determination and mental resilience.
- The way you treat others can reflect the way you are treated.



RESPONSIBILITY

Key Questions

- Why is helping others a good thing to do?
- How does being resilient help our mental health?
- Why is controlling your reactions to adversity important?

Cross Curricular Learning

Showing resilience and dealing positively with adversity helps us in all subjects and activities inside and outside school.

Learning Journey

Learning

To explore where and how we learn.

To know that learning is an ongoing process.

To understand that learning continues after we leave school.

Dealing with Adversity

To develop strategies to overcome adversity.

To discuss how we would help others who are being bullied.

To explore how our reactions can affect a situation that we are in.

Responsibility and inspiration

To discuss why being responsible is important, how it can make others feel and how it can impact our life

The digital world

To understand how to stay safe in the digital world.

To discuss the benefits we get from the digital world.

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Year 4

Bullying

Try and try again

Everything will be alright

Year 6

Recognising and controlling anger

Feeling anxious