

PSHE Long Term Plan



PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Self regulation – My feelings	Self regulation – My feelings	Building relationships – Special relationships	Building relationships – My family and friends	Managing self – Taking on challenges	Managing self – My well-being
Year 1	World Mental Health Day Family and relationships	Anti-bullying week Health and Well-being	Safety and the changing body	Citizenship	Economic wellbeing	Healthy schools week Identity and body image
Year 2	World Mental Health Day Family and relationships	Anti-bullying week Health and Well-being	Safety and the changing body	Citizenship	Economic wellbeing	Healthy schools week Identity and body image
Year 3	World Mental Health Day Family and relationships	Anti-bullying week Health and Well-being	Safety and the changing body	Citizenship	Economic wellbeing	Healthy schools week identity and body image
Year 4	World Mental Health Day Family and relationships	Anti-bullying week Health and Well-being	Safety and the changing body	Citizenship	Economic wellbeing	Healthy schools week identity and body image
Year 5	World Mental Health Day Family and relationships	Anti-bullying week Health and Well-being	Safety and the changing body	Citizenship	Economic wellbeing	Healthy schools week identity and body image
Year 5 / 6	World Mental Health Day Family and relationships	Anti-bullying week Health and Well-being	Safety and the changing body	Citizenship	Economic wellbeing	Healthy schools week identity and body image
Year 6	World Mental Health Day Family and relationships	Anti-bullying week Health and Well-being	Safety and the changing body	Citizenship	Economic wellbeing	Healthy schools week identity and body image