PE

Dance - UKS2

Key Vocabulary

travelling	copying
gesturing	observing
direction	comparing
levels	communicate
imagine	motifs
stimuli	improve

Themes

Year 5	Year 6
City Life	World of sport



Key Knowledge and Skills

Children will learn:

- To develop movement phrases and simple motifs.
- To practice a dance in order to refine the quality.
- To remember and perform the whole dance.
- To work collaboratively in small and large groups.
- To suggest ways of improving performance and composition.

Key Questions & Physical Wellbeing

- Can you perform the basic dance actions with increased control, fluency and coordination?
- Can you develop a motif to demonstrate the ability to add different actions?
- Can you develop a motif to demonstrate the variety of space and use a variety of rhythms?
- Can you describe how your body feels and responds after energetic movements within dance?

Equipment

- musical CD
- musical instruments
- floor markers
- visual stimuli - worksheets, online resources, videos