PE

Bat and Ball - KS1

Key Vocabulary

grip	weaving
balance	send
control	receive
steer	understand
hit	repetition
bounce	accuracy

Key Knowledge and Skills

Children will learn:

- To roll and push the ball along the ground with a bat.
- To balance a ball on a bat with control, while standing and walking.
- To hit the ball upwards and downwards in a controlled way.
- To strike a ball to a partner along the floor and in the air.
- To strike a ball rolled or thrown by a partner.
- To strike alternatively to partner to move in line with the ball to receive it.

Key Questions & Physical Wellbeing

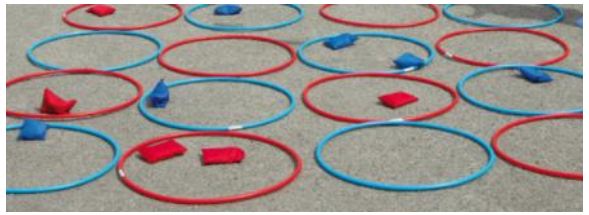
- How do I keep the ball balanced on my bat?
- Why is correct footwork so important in striking the ball accurately?
- Why is repetition important to learning?
- Why does physical activity improve your stamina?

Links to other Learning

PSHE - Developing partner work relationships can help improve learning and fair play.

Maths - Counting hit ups and downs. Keeping a score.

Hoops and beanbags



Bats and balls



Equipment

- cones
- bats
- balls
- bibs
- hoops
- floor and wall targets