PE

Invasion Games - Football, Basketball, Hockey, Tag Rugby - LKS2

Key Vocabulary

pass	simple tactics
receive	tackle
dribble	attack
signal	defend
possession	spatial awareness
shoot	co-operative

Key Knowledge and Skills

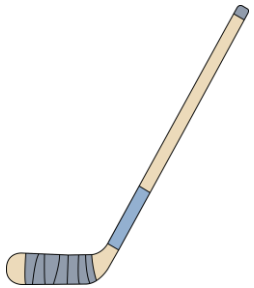
Children will Learn:

- To chest pass, bounce pass, shoulder pass, push pass, instep, outstep.
- To dribble, pass and receive with feet.
- To sequence passing.
- To pass and move to retain possession.
- To signal for the ball- move into space.
- To compete in games, to further develop these skills and use simple tactics under pressure in 2 v 1, 3 v 1, 3 v 3 style activities



Rugby ball

Hockey Stick



Key Questions & Physical Wellbeing

- Can you perform basic skills needed for the game?
- How can you signal for the ball?
- Can you name some different passing techniques and when to use them?
- What happens to your body when you exercise?
- Why is it important to be active regularly?

Equipment

- footballs
- basketballs
- small balls
- rugby balls
- hockey sticks
- goal posts/ hoop/ try line
- tag belts