PE

Striking and Fielding - UKS2

Key Vocabulary

communicate	ability
tactics	awareness
speed	strength/weakness
power	encourage
situation	develop
support	strategies

Links to other Learning

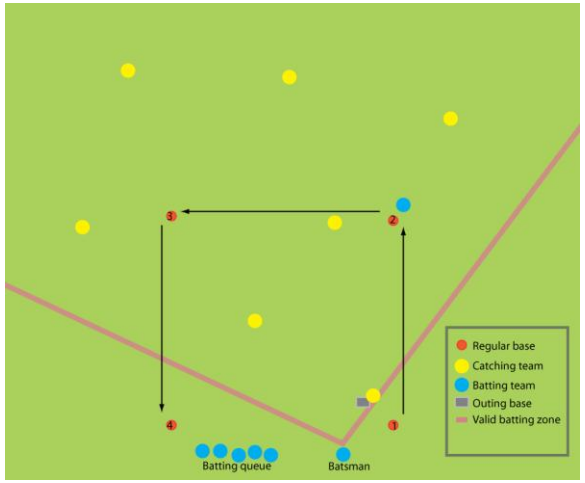
Science - Learning about the functions of the respiratory and heart during exercise.

English - Improving communication and listening skills with talking to team-mates about tactics and strategies.

Key Knowledge and Skills

Children will Learn:

- To effectively take part in small sided striking and fielding games.
- Use different ways of bowling and bowl under arm accurately.
- To bat effectively by striking the ball using different techniques to hit ball away from fielders with different angles and speeds.
- To be able to throw overarm over a good distance with some accuracy.
- To develop fielding the ball with increased accuracy at various heights and move to get their body behind the ball.
- To work collaboratively in pairs, group activities and small sided games and plan to outwit opponents.
- To use and apply the basic rules consistently and fairly.



Key Questions & Physical Wellbeing

- What moves quicker, throwing the ball or running with the ball in hand?
- How do you change the direction for striking the ball at different angles?
- Why is communication so important in team games?
- How does regular exercise improve health and make you feel healthy?

Equipment

- tennis balls
- cricket/rounders bats
- wickets
- rounders posts
- batting tee's
- cones/markers
- bibs

