PE

Striking and Fielding - LKS2

Key Vocabulary

striking	boundary
bowling	communication
underarm	technique
fielding	team-work
bases	accurately
wickets	receiving (catch, barrier)

Key Knowledge and Skills

Children will learn:

- To develop striking skills and techniques (e.g. sideways to the ball and hold the bat back).
- To develop accuracy of striking and redirecting the ball into various angles.
- To develop accuracy in underarm and overarm throwing and bowling.
- To develop fielding skills to confidently collect high, low, short deliveries and ones rolling directly towards or away from a player.
- To know the basic rules of the game and keep to them fairly.

Key Questions & Physical Wellbeing

- Can you describe what you are doing and recognize what is successful in your own and others play?
- Can you work with others to organise and keep the game going?
- Explain how exercise strengthens bones and muscles, including the heart?

Links to other Learning

Maths - Adding up the points during small sided games.

PSHE - Understand that fair play and sportsmanship are important to building respect and friendships.



Equipment

- tennis balls
- cricket/ rounder's bats
- wickets
- rounder's posts
- batting tee's
- cones/markers
- bibs